VIETNAMESE GREEN MANGO NOODLE BOWL WITH BEEF

Yield: 6 Portions

Ingredients	Amounts	
Marinade		
Lemongrass, minced	1	tsp.
Shallot, minced	1	Tbsp.
Soy sauce	1	Tbsp.
Sugar	1	Tbsp.
New York strip steak	1	lb.
Fried Shallots		
Shallots, thinly sliced	1/2	cup
Vegetable oil	1	cup
Chili Lime Vinaigrette		
Garlic clove, minced	1	ea.
Thai bird chiles, minced	1	ea.
Brown sugar	1/4	cup
Fish sauce	1/4	cup
Lime juice	1/4	cup
Water		cup
Shallot frying oil, cool	1/2	cup
Unripe (green) mango,* spiralized	4	ea.
Green beans, thinly sliced on bias	1	cup
Red bell pepper, julienned	1	ea.
Cilantro, chopped	2	Tbsp.
Thai basil, chiffonade	2	-
Roasted peanuts, chopped	1/4	cup
Romaine lettuce, chopped	6	cups (1 head)

^{*}Recommended mango ripeness stage 2 to 2.5

Method

- 1. Combine lemongrass, shallot, soy sauce, sugar in a bowl. Marinate beef for 30 minutes. Drain beef from marinade.
- 2. Place shallots on paper towel lines sheet pan for 30 minutes.
- 3. Heat a pot with the oil to 275°F. Fry shallots in batches until golden brown, drain, and reserve. Cool the oil.
- 4. Mash the garlic and chilies in a mortar and pestle with the sugar until smooth. Transfer to a bowl and add fish sauce, lime juice and water. Drizzle in the shallot oil until incorporated.
- 5. Heat a grill or griddle on high and grill or griddle the beef until just done. Slice thinly.

7.	Toss mango, green beans, bell peppers, cilantro, and Thai basil with chili lime vinaigrette. Place lettuce in bowls and top with the salad and beef. Garnish with fried shallots and peanuts.
----	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------