

# RED GRAPE LAVENDER SODA

*Yield: Four 10-ounce portions*

<b>Ingredients</b>	<b>Amounts</b>
<i>Grape base</i>	
Simple syrup	1 cup
Lime juice	¼ cup
Honey	1 Tbsp.
Lime zest	2 tsp.
Lavender	1 tsp.
Red grapes	4 cups
Ice	as needed
Club soda	2 cups
Red grapes, halved	1 cup

## **Method**

1. *For the grape base:* Combine the grape base ingredients in a small saucepan and bring to a boil. Remove from the heat and chill. Puree the 4 cups of red grapes in a blender and then strain through a strainer.
2. Add the grape juice to the base and stir to combine. Chill completely and strain into a container.
3. *For each drink:* Pour 3 ounces of the chilled grape base into a chilled glass with ice and add 4 ounces club soda.
4. Garnish with a few grapes halves.

## **Nutrition Information Per Serving**

Calories	250	Protein	1 g	
Total Fat	0 g	Sodium	30 mg	1% DV
Saturated Fat	0 g	Potassium	385 mg	11% DV
Trans Fat	0 g	Iron	0.7 mg	4% DV
Cholesterol	0 mg	Calcium	28 mg	3% DV
Carbohydrate	65 g	Vitamin A	135 IU	3% DV
Dietary Fiber	1 g	Vitamin C	25 mg	42% DV